

PRINCETON THEOLOGICAL SEMINARY

2025-26 STUDENT ADMINISTRATIVE HEALTH FEE (SAHF)

EFFECTIVE DATE: September 1, 2025

For the purposes of this plan document, the term Student Administrative Health Fee (SAHF) also means a funding allocation from Princeton Theological Seminary for the benefits and services specified in this SAHF Plan Document.*

Eligibility

All degree seeking students enrolled at Princeton Theological Seminary are eligible for the benefits and services specified in this SAHF Plan Document. SAHF benefits and services are provided to all students, regardless of whether they are covered by personal health insurance or enrolled in the Student Health Benefits Plan (SHBP).

2025-26 Plan Year: September 1, 2025 through August 30, 2026

TeleHealth

To the extent permitted by federal or state laws and regulations, including emergency orders permitting the use of telehealth, the SAHF allows for payment of telephone consultations and Web or Internet-based consultations. To the extent permitted by regulation or statute, all students may use TeleHealth.

Students covered by the SAHF are provided telehealth benefits form Teladoc (refer to <https://www.teladochealth.com/benefits/wellfleetstudent>). The benefits and services are subject to change without notice. Covered Persons may use TelaDoc without cost for services as specified in separate program communication materials.

Student Counseling at PTS

The Seminary provides a broad spectrum of counseling, spiritual direction, support groups, and health education and wellness services. Students should refer to the Student Health Program brochure for a description of services, limitations, and applicable copayments or session charges.

CareConnect

Students are provided with a counseling single session and referral service provided by the claims administrator for the SAHF. CareConnect is an integrated behavioral health program offering student easy access to licensed behavioral health clinicians 24-hours a day, 365 days per year, via telephone 888-857-5462. No appointment is necessary.

Center at 353 (previously Trinity Counseling Service)

Students covered by the SAHF, who are physically located in the State of New Jersey at the time the counseling service are rendered are eligible to receive services Center at 353. All services are provided by fully licensed counselors.

The maximum per Plan Year limit is 20 individual counseling sessions. This limit does not include any group counseling sessions. The previous lifetime maximum benefit for services provided at Trinity Counseling Services is removed for SAHF benefits at Center at 353 beginning with the 2025-26 Plan Year.

A copayment of \$15 will be charged to the student by Center at 353 for each individual counseling sessions.

After the per Plan Year maximum of 20 individual counseling sessions is reached during a Plan Year, Center at 353 will bill the student's SHBP coverage or their personal insurance. The student is responsible for any applicable charge for copayments, deductibles, coinsurance, or excluded services.

Center at 353 does not provide medication consultation or management sessions. Single students may use their counseling benefits for pre-marital counseling, just as married students may use their counseling benefits for marriage counseling. No student receives benefits beyond those to which they are normally entitled.

Group Therapy and Group Spiritual Direction Benefits – Provided to Both Privately Insured and SHBP Covered Students

Students and spouses pay \$10 per session for groups facilitated by either Student Counseling or Center at 353. Except for certain group therapy benefits provided to students covered by the SHBP, these group benefits are administered by the Seminary.

Occupational Health Services

The Seminary has retained Occupational Health Services at Penn Medicine Princeton Health to review and maintain immunization records for incoming students and to provide immunization services for both incoming and international students. Immunization services are also provided for students traveling abroad. The cost for immunizations for incoming international students must be paid by the student at the time of service at Occupational Health Services. The Seminary pays for the cost of immunizations for measles, mumps, and rubella titers for students enrolled in the Field Education International Program.

PLAN YEAR

Unless otherwise specified, services are provided by SAHF from September 1 through August 31 of each plan year. This includes services for students who have graduated in May but does not include services for students who are not enrolled for the spring semester.

*** NOTICE**

Unless otherwise specified, the SAHF benefits and services described in this document do not constitute an insurance or health benefits plan. These benefits are provided as a form of Student Administrative Health Fee (as defined in federal regulations -- refer to [CMS-9981-F](#)) that is commonly provided by New Jersey colleges and universities, both public and private institutions.