

**Henry Burt**  
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## **EDUCATION**

**PhD Student**, Pastoral Theology, Princeton Theological Seminary (matriculated Fall 2020)

-Dissertation: “The Weariness of the Self: A Pastoral Theological Approach to Clinical Perfectionism”

**Master of Divinity**, Princeton Theological Seminary, 2019

-Concentration in Lutheran Studies

**B.A.** in 1) Psychology and 2) Exercise Science, St. Olaf College, 2016

## **PREVIOUS EMPLOYMENT**

Interim Pastor, East Falls Presbyterian Church, East Falls, PA, Summer 2023

Interim Pastor, St. Stephan’s Grace (ELCA), Newark, NJ, February-April 2023

Pastoral Supply (part-time), New Jersey ELCA Synod, Fall 2020-present

Pastoral Supply (part-time), Hispanic congregations of the North Texas-North Louisiana ELCA Synod, Summer 2019

Pastoral Supply (full-time), Abiding Presence Lutheran Church, Ewing, NJ and Young Adult Christian Education Confirmation Teacher, Abiding Presence Lutheran Church, Ewing, NJ, 2018-2019

Office of Admissions, Princeton Theological Seminary, 2016-2018 and 2022-present

-PhD Student Representative for Doctoral Applicants; Office of Admissions Interviewer for Masters programs

Office of Admissions Student Representative, St. Olaf College, 2013-2016

## **RESEARCH EXPERIENCE AND INTERESTS**

Dr. Margarita Mooney, Princeton Theological Seminary, Fall 2020-Spring 2022

Dr. Kenneth Wang, Fuller Theological Seminary School of Psychology, 2017-2019

Undergraduate Lab Assistant, Carlo O. C. Veltri, PhD, Department of Psychology, St. Olaf College, 2014-2016

Current research interests: pastoral care of men and boys; pastoral care of perfectionism; positive and negative religious coping; intrapsychic struggles; faith and athletics; Lutheran pastoral care; human flourishing; identity crises

## **TEACHING EXPERIENCE**

(List TA experiences as a PhD student)

Spring 2024, Pastoral Care and Life Cycle, Robert Dykstra

Fall 2023, Minister and Spiritual Diagnosis, Jay-Paul Hinds

-lecture November 2023

Spring 2023, Death, Dying and Grieving in Pastoral Care, Sonia Waters

Fall 2022, The Minister and Mental Illness, Sonia Waters

-lecture September 2022

Fall 2021, Self in the System, Sonia Waters

Spring 2021, Religion, Vulnerability, and Resilience, Margarita Mooney

-lecture February 2021

### **PUBLICATIONS AND PRESENTATIONS**

Burt, Henry. "When the Darkness Overcomes It: Pastoral Chumness for Men So Lonely They Could Cry." Paper presented at the 2024 Philadelphia Group for Pastoral Care of Boys and Men. June 2024.

Burt, Henry. "A Pastoral Caregiving Response to Male Emotional Breakdown." Paper presented at the 2023 Philadelphia Group for Pastoral Care of Boys and Men. June 2023.

Burt, Henry. "Running as Righteousness: Fitness as a Variety of Religious Experience." Paper presented at the 2022 Philadelphia Group for Pastoral Care of Boys and Men. June 2022. Published in *Journal of Pastoral Psychology* 72(1) Dec. 27, 2022. DOI:10.1007/s11089-022-01043-x

Co-editor and co-contributor. Mooney, Margarita. *The Wounds of Beauty: Seven Dialogues on Art and Education*. Providence, RI: Cluny Media. 2022.

Co-editor and co-contributor. Mooney, Margarita. *The Love of Learning: Seven Dialogues on the Liberal Arts*. Providence, RI: Cluny Media, 2021.

Wang, K. T., Xie, Z. Y., Parsely, A. C., & Johnson, A. M. "Religious Perfectionism Scale among believers of multiple faiths in China: Development and psychometric analysis." *Journal of Religion & Health*. Published online February 28, 2019. doi: 10.1007/s10943-019-00784-z

Burt, Henry and Veltri, Carlo O.C. "Maladaptive Correlates of Common Elements of Perfectionism, Rigidity, and Orderliness." Presentation at American Psychology Association 2016 National Convention.

### **CONTINUING EDUCATION**

SCALA Summer Seminar 2019 under Dr. Margarita Mooney, *Integral Humanism*, Newport, RI, June-July 2019

Hispanic Ministry Summer Term under Rev. Dr. Javier Alanis, Lutheran Seminary Program in the Southwest, Austin, TX, May-June 2019

"Reimagining Preaching For A New Era" Hispanic Ministry Conference, Engle Institute of Preaching and Office of Multicultural Affairs, Princeton Theological Seminary, May 2019

### **AWARDS AND GRANTS**

The Cleven Seminary Scholarship for Alumni, St. Olaf College Office of Religious Life, 2019

Seminary Fellowship (a full-tuition scholarship given each year to a member of the entering M.Div. class), Princeton Theological Seminary, 2016

Baccalaureate Speaker, St. Olaf College, 2016

Magna Cum Laude, St. Olaf College, 2016

Student Life Leadership Award, Finalist, St. Olaf College, 2016

Minnesota Intercollegiate Athletic Conference Academic All-Conference (Cross Country), 2014 and 2015

Gordon Allport Award in Psychology, Finalist, St. Olaf College, 2015

## **ASSOCIATION AND PROFESSIONAL MEMBERSHIP**

Lutheran Campus Ministry, 2019-Present

Ministry of Word and Sacrament, Evangelical Lutheran Church in America, 2016-Present  
(Approved for Ordination in fall 2020)

Psi Chi Psychology National Honor Society, 2014-Present

## **SEMINARY SERVICE**

Koinonia (PhD Student Group) Professional Development Liaison, Fall 2021-Fall Spring 2023

Seminary Chapel Senior Service Deliverer, March 1, 2019

Spanish Conversation Table President, Student Government Association, Spring 2019

Princeton Theological Seminary Lutheran Group Council, 2016-2019

Princeton Theological Seminary Touring Choir and Chapel Choirs, Bass and Tenor Sections,  
2016-2019 and 2020-present

Princeton Theological Seminary Alumni Relations, Alumni Reunion Committee, 2017-2019

## **SCHOLARLY AND PASTORAL FORMATION**

ELCA Lutheran Year, Pastoral Intern for Baltimore Lutheran Campus Ministries and Messiah  
Evangelical Lutheran Church-Sykesville, MD, 2019-2020

Seminary Contextual Education Immersions

- Pastoral Intern, Presbytery of Northern New York, Summer 2018
- Prince of Peace Lutheran Church, West Windsor, NJ, 2017-2018

Canterbury House (Episcopal Campus Ministry) Assistant, Rutgers University-New Brunswick, 2018-2019

Clinical Pastoral Education, Pediatrics Department, University of North Carolina Children's Hospital, Summer 2017 and Princeton Penn Medicine, Palliative Care Department, Summer 2021

Student Congregation President and Council Member, St. Olaf College, 2012-2016

### **ACTIVITIES**

Princeton University Episcopal Campus Ministry Graduate Fellowship, fall 2021-present

Johns Hopkins Gospel Choir, 2019-Present

Princeton University Club Cross Country and Track and Field, 2016-2019 and fall 2020-present

Princeton Theological Seminary Touring and Chapel Choirs, 2016-2019 and fall 2020-present

St. Olaf College Cross Country and Track and Field, 2014-2016

Spanish Fluency